

Advanced PEP – Blue Diamond Healing

An introduction and proposed list of topics

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Evolution of the work:

For some years I have looked for ways to remove dysfunctional patterns more completely from a person's energy body and morphogenetic field, and, if possible, from their entire life field – and to combine this with facilitation of the psychological and spiritual maturation of the individual. As the universe/Spirit/Source gracefully responded to this intention, I have found that a variety of insights and techniques have come to me – almost always in the moment of working with a client, when I am in a somewhat altered state of consciousness. I have learned to adopt a stance of aiming to be 'horizontally' attuned to the client, and 'vertically' attuned to Source – and to rely not on my own knowledge or personal thought, but on the guidance that emerges in the field and in the moment. Over time, these various insights and techniques have evolved into a more coherent framework of interwoven strategies and higher dimensional awareness – open ended and continually deepening. Frequently I am astonished at what happens in the consulting room.

One significant influence has been my years of studying and training in the complex body of work known as Kathara Healing (no longer publicly available, although remnants remain on the internet and its influence can be discerned quite widely). I would describe this material (said to be sourced from benign other-dimensional intelligences) as an intuitively derived, highly detailed landscape of visual and other metaphors, intended to represent hypothesised higher dimensional realities - including the structure of the human energy body (as a fractal of the cosmos), and the forms and flows of subtle energy within it, enabling exploration of how these impact on states of health and disease. Whether any of it is 'true' in an objective sense I have no idea, and I cannot claim my understanding of it to be more than very limited. I do not practice 'Kathara Healing' as such. Nevertheless, it has clearly influenced my perception and how I work in myriad ways.

I cannot remember how and why I began to use the imagery of the Blue Diamond. To some extent I just wanted to give the client something to

focus on whilst I communed with their energy system and requested desirable changes to take place (including removal of parasitic energetic entities). Gradually I came appreciate that the Blue Diamond, located just under the collar bones, is an access point to the person's higher dimensions – and that blue is a particularly important colour for that place.

There is a linguistic access code for entry through the Blue Diamond (which also turns into a Blue Flame), designed to neutralise the 'illusory ego'. The three statements (to be said with sincerity) are:

- I am ignorant and in error
- I ask for forgiveness as I forgive
- I seek truth and guidance

Once we have access to higher dimensions we can request or command beneficial changes within the energy body. These will instantly occur, provided [a] they are in line with higher dimensional goals and ethics, [b] there is no remaining internal objection (psychological reversal) in the person's system.

This shift away from an exclusive reliance on 'tapping' and 'holding' techniques with meridians and chakras, and towards a greater emphasis upon intention and request (or command), is congruent with trends in other forms of energy psychology and related healing methods – such as TAT, Ask and Receive, Gary Craig's 'Optimum EFT', and Theta Healing. Whilst we can physically tap on chakras and meridians, if we wish to influence realms more distant from the physical, we need to use intention and command.

An awareness of the 'Parallel Self' and its intricate relationship with the 'Present Self' has become a core feature of the work, recognising that problems can be located in either of these realms – and sometimes 'between' them.

I have found attention to the spinning Merkaba fields, of both Present and Parallel Self, is very important. These counter-rotating fields can 'spin the wrong way' or be phase-locked – sometimes due to the presence of energy parasites. Incorrectly spinning Merkaba fields often underpin other systemic energy disturbances. We can also enhance the spinning Merkaba fields for a more complete clearing of the energy field – counterclockwise into the earth, and clockwise from above to bring in the 'rainbow shower'.

There appears to be a variety of subtle energies and energetic structures that form the human vehicle – with the physical (atomic) being patterned on an etheric blueprint. Thus there are energies of *structure* and energies that *flow through* these structures. Clients undertaking energy work will often report feeling ‘light headed’ or ‘spacey’ – and this may reflect a temporary excess of etheric energy, which we can then balance with ‘atomic’ energy.

Just as our physical dimensions are full of life, so the higher dimensions and etheric dimensions may also contain life forms – some of which can exert a hidden but very detrimental effect on our own human system. Identifying and removing ‘energy parasites’ and other malign energies can be a routine aspect of energy psychology and energy healing, and need not involve any prolonged or elaborate process.

Advanced PEP may be regarded as an enquiry into the deeper energetic unconscious, drawing upon the esoteric ‘physics’ of the higher dimensions. Just as the unconscious mind will always successfully transcend the intentions of the conscious mind, so the malformations in the deeper energetic unconscious will also determine and constrain outcome. There are pervasive and fundamental distortions in the human energy field. This reveals an inherent paranoia structured into our human being, since the inner structural oppression and energetic suffocation are projectively experienced as external.

Advanced PEP should be viewed as a speculative exploration of the clinical and spiritual value of certain hypotheses, models, and modes of enquiry – and, as such, is continually evolving.

Requirements of participants: [1] some knowledge of basic PEP; [2] a willingness to explore speculative and intuitively-derived hypotheses; [3] some intuitive awareness of spiritual dimensions.

Proposed topics to explore:

- The basic 12-point energetic grid
- Meridians, chakras, and axiatonal lines and their directional spins. Different states of chakras – too slow/stopped, too fast, burning out, etc.

- The etheric blueprint, and the interplay of 'atomic' and etheric energies
- The spinning Merkaba fields – the inflow and outflow of energy breathing. Malfunctions of the Merkaba fields – reversal of spin, reversal of speed differentials, phase-lock, and Merkabic collapse
- Anchoring the high dimensions into the earth – establishing energetic protective boundaries
- The blue diamond (blue flame) access point to higher dimensions – and the linguistic access code. The 'still point' and the 'open eye'
- Removing the 'black miasm' that blocks higher dimensional awareness
- Removing 'errant coding' – the deep patterning of dysfunctional structures that distort and constrain the energy body, narrows awareness, and creates 'blinkered' states. Replacing this with 'organic code'.
- Removing the 'Adam and Eve coding' (of being an outcast and having no home) and other common schemas of misery – along with the common compensatory strategies developed in reaction to these schemas
- Identifying the predator mindset and the grandiose ego. 'Black magic' versus Source-based energy healing.
- Lotus breathing – activating the 'Diamond Sun' and heliotalic frequencies
- Entering the 'blue diamond theatre of manifestation'

There are no protocols! However, I will describe and show some of the ways that I currently work. It is for each to find their own way.